

3.1.3.8 DEMONSTRATION OF THE NEGATIVE PRESSURE FILTRATION SYSTEM

The demonstration of the operation of the negative pressure system to the VA shall include, but not be limited to, the following:

- A. Plastic barriers and sheeting move lightly in toward the regulated area.
- B. Curtains of the decontamination units move in toward regulated area.
- C. There is a noticeable movement of air through the decontamination units. Use the smoke tube to demonstrate air movement from the clean room to the shower room to the equipment room to the regulated area.
- D. Use smoke tubes to demonstrate air is moving across all areas in which work is to be done. Use a differential pressure gauge to indicate a negative pressure of at least $-0.02''$ across every barrier separating the regulated area from the rest of the building. Modify the system as necessary to meet the above requirements.

3.1.3.9 USE OF THE NEGATIVE PRESSURE FILTRATION SYSTEM DURING ABATEMENT OPERATIONS

- A. Start units before beginning any disturbance of ACM occurs. After work begins, the units shall run continuously, maintaining 4 actual air changes per hour at a negative pressure differential of $-0.02''$ water column gauge, for the duration of the work until a final visual clearance and final air clearance has been successfully completed. No negative air units shall be shut down at any time unless authorized by the VA Contracting Officer, verbally and in writing.
- B. Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.
- C. Abatement work shall begin at a location farthest from the units and proceed towards them. If an electric failure occurs, the Competent Person shall stop all abatement work and immediately begin wetting all exposed asbestos materials for the duration of the power outage. Abatement work shall not resume until power is restored and all units are operating properly again.
- D. The negative air machines shall continue to run after all work is completed and until a final visual clearance and a final air clearance has been successfully completed for that regulated area.

3.1.3.10 DISMANTLING THE SYSTEM

After completion of the final visual and final air clearance has been obtained by the VPIH/CIH, the units may be shut down. The unit exterior surfaces shall have been completely decontaminated; pre-filters are not to be removed and the units inlet/outlet sealed with 2 layers of 6 mil poly

immediately after shut down. No filter removal shall occur at the VA site following successful completion of site clearance. OSHA/EPA/DOT asbestos shall be attached to the units.

3.1.4 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA (SEE GLOVE BAG ONLY INSTRUCTIONS)

GLOVE BAG ONLY REQUIREMENTS

3.1.4.1 GENERAL

Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All horizontal surfaces in the regulated area must be covered with 2 layers of 6 mil fire retardant poly to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 2.2.8; FIRESTOPPING.

3.1.4.2 PREPARATION PRIOR TO SEALING THE REGULATED AREA

- A. Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Remove all uncontaminated removable furniture, equipment and/or supplies from the regulated area before commencing work, or completely cover with 2 layers of 6-mil fire retardant poly sheeting and secure with duct tape. Lock out and tag out any HVAC systems in the regulated area.

3.1.4.3 CONTROLLING ACCESS TO THE REGULATED AREA

- A. Access to the regulated area is allowed only through the personnel decontamination facility (PDF), if required. All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA. If the regulated area is adjacent to or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly sheeting to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid.

3.1.4.4 CRITICAL BARRIERS

- A. Completely separate any openings into the regulated area from adjacent areas using fire retardant poly at least 6 mils thick and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects in the regulated area. Heat must be shut off any objects covered with poly.

3.1.4.5 SECONDARY BARRIERS

- A. A loose layer of 6 mil fire retardant poly shall be used as a drop cloth to protect the floor/horizontal surfaces from debris generated during the glovebag abatement. This layer shall be replaced as needed during the work.

3.1.4.6 EXTENSION OF THE REGULATED AREA

- A. If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. If the affected area cannot be added to the regulated area, decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

3.1.4.7 FIRESTOPPING

- A. Through penetrations caused by cables, cable trays, pipes, sleeves must be firestopped with a fire-rated firestop system providing an air tight seal.
- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The Contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA Representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

3.1.4.8 GENERAL

Seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All surfaces in the regulated area must be covered to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated as a result of the work, shall immediately stop work and clean up the contamination at no additional cost to the VA. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 3.1.4.8; FIRESTOPPING.

3.1.4.9 PREPARATION PRIOR TO SEALING THE REGULATED AREA

Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. All uncontaminated removable furniture, equipment and/or supplies shall be removed by the VA from the regulated area before commencing work. Any objects remaining in the regulated area shall be completely covered with 2 layers of 6-mil fire retardant poly sheeting and secured with duct tape. Lock out and tag out any HVAC/electrical systems in the regulated area.

3.1.4.10 CONTROLLING ACCESS TO THE REGULATED AREA

Access to the regulated area is allowed only through the personnel decontamination facility (PDF). All other means of access shall be eliminated and OSHA DANGER demarcation signs posted as required by OSHA. If the regulated area is adjacent

to, or within view of an occupied area, provide a visual barrier of 6 mil opaque fire retardant poly to prevent building occupant observation. If the adjacent area is accessible to the public, the barrier must be solid and capable of withstanding the negative pressure.

3.1.4.11 CRITICAL BARRIERS

Completely separate any operations in the regulated area from adjacent areas using 2 layers of 6 mil fire retardant poly and duct tape. Individually seal with 2 layers of 6 mil poly and duct tape all HVAC openings into the regulated area. Individually seal all lighting fixtures, clocks, doors, windows, convectors, speakers, or any other objects/openings in the regulated area. Heat must be shut off any objects covered with poly.

3.1.4.12 PRIMARY BARRIERS

- A. Cover the regulated area with two layers of 6 mil fire retardant poly on the floors and two layers of 4 mil, fire retardant poly on the walls, unless otherwise directed in writing by the VA representative. Floor layers must form a right angle with the wall and turn up the wall at least 300 mm (12"). Seams must overlap at least 1800 mm (6') and must be spray glued and taped. Install sheeting so that layers can be removed independently from each other. Carpeting shall be covered with three layers of 6 mil poly. Corrugated cardboard sheets must be placed between the bottom and middle layers of poly. Mechanically support and seal with duct tape and glue all wall layers.
- B. If stairs and ramps are covered with 6 mil plastic, two layers must be used. Provide 19 mm (3/4") exterior grade plywood treads held in place with duct tape/glue on the plastic. Do not cover rungs or rails with any isolation materials.

3.1.4.13 SECONDARY BARRIERS

A loose layer of 6 mil shall be used as a drop cloth to protect the primary layers from debris generated during the abatement. This layer shall be replaced as needed during the work and at a minimum once per work day.

3.1.4.14 EXTENSION OF THE REGULATED AREA

If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. Decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

3.1.4.15 FIRESTOPPING

- A. Through penetrations caused by cables, cable trays, pipes, sleeves, conduits, etc. must be firestopped with a fire-rated firestop system providing an air tight seal.

- B. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
- C. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

3.1.5 SANITARY FACILITIES

The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

3.1.6 PERSONAL PROTECTIVE EQUIPMENT

Provide whole body clothing, head coverings, gloves and foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

3.1.7 PRE-CLEANING AS APPLICABLE

The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower(s) shall be supplied with backflow prevention.

Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. All workers performing pre-cleaning activities must don appropriate personal protective equipment (PPE), as specified throughout this document and as approved in the Contractor's work plan. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.

Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and/or wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location. Drapes, clothing, upholstered furniture and other fabric items should be disposed of as asbestos contaminated waste. Cleaning these asbestos contaminated items utilizing HEPA vacuum techniques and off-premises steam cleaning is very difficult and cannot guarantee decontamination. Carpeting will be disposed of prior to abatement if in the regulated area. If ACM floor tile is attached to the carpet while the Contractor is removing the

carpet that section of the carpet will be disposed of as asbestos waste. Contractor is responsible for all waste disposal.

Contract will pre-clean all fixed objects in the regulated area using HEPA filtered vacuums and/or wet cleaning techniques as appropriate. Careful attention must be paid to machinery behind grills or gratings where access may be difficult but contamination may be significant. Also, pay particular attention to wall, floor and ceiling penetration behind fixed items. After pre-cleaning, enclose fixed objects with 2 layers of 6-mil poly and seal securely in place with duct tape. Objects (e.g., permanent fixtures, shelves, electronic equipment, laboratory tables, sprinklers, alarm systems, closed circuit TV equipment and computer cables) which must remain in the regulated area and that require special ventilation or enclosure requirements should be designated here along with specified means of protection. Contact the manufacturer for special protection requirements.

Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and/or wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.1.8 PRE-ABATEMENT ACTIVITIES

3.1.8.1 PRE-ABATEMENT MEETING

The VA representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person(s), the VA representative(s), and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

3.1.8.2 PRE-ABATEMENT CONSTRUCTION AND OPERATIONS

- A. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
- B. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's representative when the work is completed in accordance with this specification. The VA's representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved AHAP(s), especially worker protection, respiratory systems, contingency plans, decontamination procedures, and

monitoring to demonstrate satisfactory operation. The operational systems for respiratory protection and the negative pressure system shall be demonstrated for proper performance.

- C. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's representative.
- D. Upon satisfactory inspection of the installation of and operation of systems the VA's representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification and all applicable regulations.

3.1.8.3 PRE-ABATEMENT INSPECTIONS AND PREPARATIONS

Before any work begins on the construction of the regulated area, the Contractor will:

- A. Conduct a space-by-space inspection with an authorized VA representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.
- B. The VA Representative, the Contractor, and the VPIH/CIH must be aware of VA A/E Quality Alert 07/09 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAPS (destructive) ACM inspection should be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: lay-in ceilings concealing ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; below window sills; water/sewer lines; electrical conduit coverings; crawlspaces (previous abatement contamination); flooring/mastic covered by carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; and steam line trench coverings.
- C. Contractor will ensure that all furniture, machinery, equipment, curtains, drapes, blinds, and other movable objects required to be removed from the regulated area have been cleaned and removed or properly protected from contamination.
- D. If present and required, remove and dispose of carpeting from floors in the regulated area.
- E. Inspect existing firestopping in the regulated area. Correct as needed.

3.1.9 GLOVEBAG REMOVAL PROCEDURES

A. GENERAL

All applicable OSHA requirements and glovebag manufacturer's recommendations shall be met during glove bagging operations. In cases where live steam lines are present, the lines must be shut down prior

to any work being performed on the system. **No abatement work shall be conducted on live, pressurized steam lines.** The Contractor may choose to use a High Temperature Glovebag in which a temperature rating ranges from 300°F to 700°F on steam lines that have recently been shut down and remain at high temperature for some time. In the case where a glovebag is not feasible, the Contractor will need to build a full negative pressure containment of sufficient size and follow all regulations as it pertains to removal.

1. Mix the surfactant with water in the garden sprayer, following the manufacturer's directions.
2. Have each employee put on a HEPA filtered respirator approved for asbestos and check the fit using the positive/negative fit check.
3. Have each employee put on a disposable full-body suit. Remember, the hood goes over the respirator straps.
4. Check closely the integrity of the glove bag to be used. Check all seams, gloves, sleeves, and glove openings. OSHA requires the bottom of the bag to be seamless.
5. Check the pipe where the work will be performed. If it is damaged (broken lagging, hanging, etc.), wrap the entire length of the pipe in poly sheeting and "candy stripe" it with duct tape.
6. Attach glovebag with required tools per manufacturer's instructions.
7. Using the smoke tube and aspirator bulb, test 10% of glovebags by placing the tube into the water porthole (two-inch opening to glove bag), and fill the bag with smoke and squeeze it. If leaks are found, they should be taped closed using duct tape and the bag should be retested with smoke.
8. Insert the wand from the water sprayer through the water porthole.
9. Insert the hose end from a HEPA vacuum into the upper portion of the glove bag.
10. Wet and remove the pipe insulation.
11. If the section of pipe is covered with an aluminum jacket, remove it first using the wire cutters to cut any bands and the tin snips to remove the aluminum. It is important to fold the sharp edges in to prevent cutting the bag when placing it in the bottom.
12. When the work is complete, spray the upper portion of the bag and clean-push all residue into the bottom of the bag with the other waste material. Be very thorough. Use adequate water.
13. Put all tools, after washing them off in the bag, in one of the sleeves of glove bag and turn it inside out, drawing it outside of the bag. Twist the sleeve tightly several times to seal it and tape it several tight turns with duct tape. Cut through the middle of the duct tape and remove the sleeve. Put the sleeve in the next glove bag or put it in a bucket of water to decontaminate the tools after cutting the sleeve open.
14. Turn on the HEPA vacuum and collapse the bag completely. Remove the vacuum nozzle, seal the hole with duct tape, twist the bag tightly several times in the middle, and tape it to keep the material in the bottom during removal of the glove bag from the pipe.
15. Slip a disposal bag over the glove bag (still attached to the pipe). Remove the tape securing the ends, and slit open the top of the glove bag and carefully fold it down into the disposal bag. Double bag and gooseneck waste materials.

B. **NEGATIVE PRESSURE GLOVEBAG PROCEDURE**

1. In addition to the above requirements, the HEPA vacuum shall be run continuously during the glovebag procedure until completion at which

time the glovebag will be collapsed by the HEPA vacuum prior to removal from the pipe/component.

2. The HEPA vacuum shall be attached and operated as needed to prevent collapse of the glovebag during the removal process.

3.1.10 LOCKDOWN ENCAPSULATION

3.1.10.1 GENERAL

Lockdown encapsulation is an integral part of the ACM removal. At the conclusion of ACM removal and before removal of the primary barriers, all piping surfaces shall be encapsulated with a bridging encapsulant.

3.1.10.2 SEALING EXPOSED EDGES

Seal edges of ACM exposed by removal work with two coats of encapsulant. Prior to sealing, permit the exposed edges to dry completely to permit penetration of the encapsulant.

3.1.11 DISPOSAL OF ACM WASTE MATERIALS

3.1.11.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

3.1.11.2 PROCEDURES

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment
- B. Asbestos waste shall be packaged and moved through the W/EDF into a covered transport container in accordance with procedures in this specification. Waste shall be double-bagged and wetted with amended water prior to disposal. Wetted waste can be very heavy. Bags shall not be overfilled. Bags shall be securely sealed to prevent accidental opening and/or leakage. The top shall be tightly twisted and goose necked prior to tightly sealing with at least three wraps of duct tape. Ensure that unauthorized persons do not have access to the waste material once it is outside the regulated area. All transport containers must be covered at all times when not in use. NESHAP's signs must be on containers during loading and unloading. Material shall not be transported in open vehicles. If drums are used for packaging, the drums shall be labeled properly and shall not be re-used.
- C. Waste Load Out: Waste load out shall be done in accordance with the procedures in W/EDF Decontamination Procedures. Sealed waste bags shall be decontaminated on exterior surfaces by wet cleaning and/or HEPA vacuuming before being placed in the second waste bag and sealed, which then must also be wet wiped or HEPA vacuumed..
- D. Asbestos waste with sharp edged components, i.e., nails, screws, lath, strapping, tin sheeting, jacketing, metal mesh, etc., which might tear poly bags shall be wrapped securely in burlap before packaging and, if needed, use a poly lined fiber drum as the second container, prior to disposal.

3.2 REMOVAL OF ACM

3.2.1 WETTING ACM

- A. Use amended water for the wetting of ACM prior to removal. The Competent Person shall assure the wetting of ACM meets the definition of "adequately wet" in the EPA NESHAP regulation and OSHA's "wet methods" for the duration of the project. A removal encapsulant may be used instead of amended water with written approval of the VA's representative.
- B. Amended Water: Provide water to which a surfactant has been added shall be used to wet the ACM and reduce the potential for fiber release during disturbance of ACM. The mixture must be equal to or greater than the wetting provided by water amended by a surfactant consisting one ounce of 50% polyoxyethylene ester and 50% polyoxyethylene ether mixed with 5 gallons (19L) of water.
- C. Removal Encapsulant: When authorized by VA, provide a penetrating encapsulant designed specifically for the removal of ACM. The material must, when used, result in adequate wetting of the ACM and retard fiber release during removal.

3.2.2 SECONDARY BARRIER AND WALKWAYS

- A. Install as a drop cloth a 6 mil poly sheet at the beginning of each work shift where removal is to be done during that shift. Completely cover floors and any walls within 10 feet (3 meters) of the area where work is to be done. Secure the secondary barrier with duct tape to prevent it from moving or debris from getting behind it. Remove the secondary barrier at the end of the shift or as work in the area is completed. Keep residue on the secondary barrier wetted. When removing, fold inward to prevent spillage and place in a disposal bag.
- B. Install walkways using 6 mil black poly between the regulated area and the decontamination facilities (PDF and W/EDF) to protect the primary layers from contamination and damage. Install the walkways at the beginning of each shift and remove at the end of each shift.

3.2.3 WET REMOVAL OF ACM

- A. Adequately and thoroughly wet the ACM to be removed prior to removal with amended water or when authorized by VA, removal encapsulant to reduce/prevent fiber release to the air. Adequate time (at a minimum two hours) must be allowed for the amended water or removal encapsulant to saturate the ACM. Abatement personnel must not disturb dry ACM. Use a fine spray of amended water or removal encapsulant. Saturate the material sufficiently to wet to the substrate without causing excessive dripping. The material must be sprayed repeatedly/continuously during the removal process in order to maintain adequately wet conditions. Removal encapsulants must be applied in accordance with the manufacturer's written instructions. Perforate or carefully separate, using wet methods, an outer covering that is painted or jacketed in order to allow penetration and wetting of the material. Where necessary, carefully remove covering while wetting to minimize fiber release. **In no event shall dry removal occur except when authorized in writing by the VPIH/CIH and VA when a greater safety hazard (e.g., electricity) is present.**
- B. If ACM does not wet well with amended water due to composition, coating or jacketing, remove as follows:

1. Mist work area continuously with amended water whenever necessary to reduce airborne fiber levels.
2. Remove saturated ACM in small sections. Do not allow material to dry out. As material is removed, bag material, while still wet into disposal bags. Twist the bag neck tightly, bend over (gooseneck) and seal with a minimum of three tight wraps of duct tape. Clean /decontaminate the outside of the bag of any residue and move to washdown station adjacent to W/EDF.
3. Fireproofing or Architectural Finish on Scratch Coat: Spray with a fine mist of amended water or removal encapsulant. Allow time for saturation to the substrate. Do not over saturate causing excess dripping. Scrape material from substrate. Remove material in manageable quantities and control falling to staging or floor. If the falling distance is over 20 feet (6M), use a drop chute to contain material through descent. Remove residue remaining on the scratch coat after scraping is done using a stiff bristle hand brush. If a removal encapsulant is used, remove residue completely before the encapsulant dries. Periodically re-wet the substrate with amended water as needed to prevent drying of the material before the residue is removed from the substrate.
4. Fireproofing or Architectural Finish on Wire Lath: Spray with a fine mist of amended water or removal encapsulant. Allow time to completely saturate the material. Do not over saturate causing excess dripping. If the surface has been painted or otherwise coated, cut small holes as needed and apply amended water or removal encapsulant from above. Cut saturated wire lath into 2' x 6' (50mm x 150mm) sections and cut hanger wires. Roll up complete with ACM, cover in burlap and hand place in disposal bag. Do not drop to floor. After removal of lath/ACM, remove any overspray on decking and structure using stiff bristle nylon brushes. Depending on hardness of overspray, scrapers may be needed for removal.
5. Pipe/Tank/Vessel/Boiler Insulation: Remove the outer layer of wrap while spraying with amended water in order to saturate the ACM. Spray ACM with a fine mist of amended water or removal encapsulant. Allow time to saturate the material to the substrate. Cut bands holding pre-formed pipe insulation sections. Slit jacketing at the seams, remove and hand place in a disposal bag. Do not allow dropping to the floor. Remove molded fitting insulation/mud in large pieces and hand place in a disposal bag. Remove any residue on pipe or fitting with a stiff bristle nylon brush. In locations where pipe fitting insulation is removed from fibrous glass or other non-asbestos insulated straight runs of pipe, remove fibrous material at least 6" from the point it contacts the ACM.

3.3 LOCKDOWN ENCAPSULATION

3.3.1 GENERAL

Lockdown encapsulation is an integral part of the ACM removal. At the conclusion of ACM removal and before removal of the primary barriers, the contractor shall encapsulate all surfaces with a bridging encapsulant.

3.3.2 DELIVERY AND STORAGE

Deliver materials to the job site in original, new and unopened containers bearing the manufacturer's name and label as well as the following information: name of material, manufacturer's stock number,

date of manufacture, thinning instructions, application instructions and the MSDS for the material.

3.3.3 WORKER PROTECTION

Before beginning work with any material for which an MSDS has been submitted, provide workers with any required personal protective equipment. The required personal protective equipment shall be used whenever exposure to the material might occur. In addition to OSHA/specification requirements for respiratory protection, a paint pre-filter and an organic vapor cartridge, at a minimum, shall be used in addition to the HEPA filter when an organic solvent based encapsulant is used. The CPH/CIH shall be responsible for provision of adequate respiratory protection. Note: Flammable and combustible encapsulants shall not be used, unless authorized in writing by the VA.

3.3.4 ENCAPSULATION OF SCRATCH COAT PLASTER OR PIPING

- A. Apply two coats of lockdown encapsulant to the scratch coat plaster or piping after all ACM has been removed. Apply in strict accordance with the manufacturer's instructions. Any deviation from the instructions must be approved by the VA's representative in writing prior to commencing the work.
- B. Apply the lockdown encapsulant with an airless sprayer at a pressure and using a nozzle orifice as recommended by the manufacturer. Apply the first coat while the scratch coat is still damp from the asbestos removal process, after passing the visual inspection. If the surface has been allowed to dry, wet wipe or HEPA vacuum prior to spraying with encapsulant. Apply a second coat over the first coat in strict conformance with the manufacturer's instructions. Color the lockdown encapsulant and contrast the color in the second coat so that visual confirmation of completeness and uniform coverage of each coat is possible. Adhere to the manufacturer's instructions for coloring. At the completion of the encapsulation, the surface must be a uniform third color produced by the mixture.

3.3.5 SEALING EXPOSED EDGES

Seal edges of ACM exposed by removal work which is inaccessible, such as a sleeve, wall penetration, etc., with two coats of bridging encapsulant. Prior to sealing, permit the exposed edges to dry completely to permit penetration of the bridging encapsulant. Apply in accordance with 3.3.4 (B).

3.4 DISPOSAL OF ACM WASTE MATERIALS

3.4.1 GENERAL

Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 100-185 regulations. Disposal shall be done at an approved landfill. Disposal of non-friable ACM shall be done in accordance with applicable regulations.

3.4.2 PROCEDURES

- A. The VA must be notified at least 24 hours in advance of any waste removed from the containment.

- B. Asbestos waste shall be packaged and moved through the W/EDF into a covered transport container in accordance with procedures in this specification. Waste shall be double-bagged and wetted with amended water prior to disposal. Wetted waste can be very heavy. Bags shall not be overfilled. Bags shall be securely sealed to prevent accidental opening and/or leakage. The top shall be tightly twisted and goose necked prior to tightly sealing with at least three wraps of duct tape. Ensure that unauthorized persons do not have access to the waste material once it is outside the regulated area. All transport containers must be covered at all times when not in use. NESHAPE signs must be on containers during loading and unloading. Material shall not be transported in open vehicles. If drums are used for packaging, the drums shall be labeled properly and shall not be re-used.
- C. Waste Load Out: Waste load out shall be done in accordance with the procedures in W/EDF Decontamination Procedures. Sealed waste bags shall be decontaminated on exterior surfaces by wet cleaning and/or HEPA vacuuming before being placed in the second waste bag and sealed, which then must also be wet wiped or HEPA vacuumed.
- D. Asbestos waste with sharp edged components, i.e., nails, screws, lath, strapping, tin sheeting, jacketing, metal mesh, etc., which might tear poly bags shall be wrapped securely in burlap before packaging and, if needed, use a poly lined fiber drum as the second container, prior to disposal.

3.5 PROJECT DECONTAMINATION

3.5.1 GENERAL

- A. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.
- B. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
- C. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

3.5.2 REGULATED AREA CLEARANCE

Clearance air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

3.5.3 WORK DESCRIPTION

Decontamination includes the clearance air testing in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, and negative pressure systems.

3.5.4 PRE-DECONTAMINATION CONDITIONS

- A. Before decontamination starts, all ACM waste from the regulated area shall be collected and removed, and the loose 6 mil layer of poly removed while being adequately wetted with amended water and disposed of along with any gross debris generated by the work.

- B. At the start of decontamination, the following shall be in place:
1. Primary barriers consisting of 2 layers of 6 mil poly on the floor and 4 mil poly on the walls.
 2. Critical barriers consisting of 2 layers of 6 mil poly which is the sole barrier between the regulated area and openings to the rest of the building or outside.
 4. Decontamination facilities for personnel and equipment in operating condition and the negative pressure system in operation.

3.5.5 FIRST CLEANING

Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and/or HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications. The negative pressure system shall remain in operation during this time. Additional cleaning(s) may be needed as determined by the CPIH/VPIH/CIH.

3.5.6 PRE-CLEARANCE INSPECTION AND TESTING

The CPIH/CIH and VPIH/CIH will perform a thorough and detailed visual inspection at the end of the cleaning to determine whether there is any visible residue in the regulated area. If the visual inspection is acceptable, the CPIH/CIH will perform pre-clearance sampling using aggressive clearance as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). If the sampling results show values below 0.01 f/cc, then the Contractor shall notify the VA's representative of the results with a brief report from the CPIH/CIH documenting the inspection and sampling results and a statement verifying that the regulated area is ready for lockdown encapsulation. The VA reserves the right to utilize their own VPIH/CIH to perform a pre-clearance inspection and testing for verification.

3.5.7 LOCKDOWN ENCAPSULATION OF ABATED SURFACES

With the express written permission of the VA's representative, perform lockdown encapsulation of all surfaces from which asbestos was abated in accordance with the procedures in this specification. Negative pressure shall be maintained in the regulated area during the lockdown application.

3.6 FINAL VISUAL INSPECTION AND AIR CLEARANCE TESTING

3.6.1 GENERAL

Notify the VA representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH starting after the final cleaning.

3.6.2 FINAL VISUAL INSPECTION

Final visual inspection will include the entire regulated area, the PDF, all poly sheeting, seals over HVAC openings, doorways, windows, and any other openings. If any debris, residue, dust or any other

suspect material is detected, the final cleaning shall be repeated at no cost to the VA. Dust/material samples may be collected and analyzed at no cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

3.6.3 FINAL AIR CLEARANCE TESTING

- A. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for DSHS in this specification. **All Additional inspection and testing costs will be borne by the Contractor.**
- B. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

3.6.4 FINAL AIR CLEARANCE PROCEDURES

- A. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc as measured by the AHERA PCM protocol.
- B. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:
 1. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method.
 2. Aggressive Sampling: All final air testing samples shall be collected using aggressive sampling techniques except where soil is not encapsulated or enclosed. Samples will be collected on 0.8 μ MCE filters for PCM analysis. A minimum of 1200 Liters of using calibrated pumps shall be collected for clearance samples. Before pumps are started, initiate aggressive air mixing sampling as detailed in 40 CFR 763 Subpart E (AHERA) Appendix A (III)(B)(7)(d). Air samples will be collected in areas subject to normal air circulation away from corners, obstructed locations, and locations near windows, doors, or vents. After air sampling pumps have been shut off, circulating fans shall be shut off. The negative pressure system shall continue to operate.

3.6.5 CLEARANCE SAMPLING USING PCM - LESS THAN 260LF/160SF:

- A. The VPIH/CIH will perform clearance samples as indicated by the specification.
- B. The NIOSH 7400 PCM method will be used for clearance sampling with a minimum collection volume of 1200 Liters of air. A minimum of 5 PCM clearance samples shall be collected. All samples must be equal to or less than 0.01 f/cc to clear the regulated area.

3.6.6 LABORATORY TESTING OF PCM CLEARANCE SAMPLES

The services of an AIHA accredited laboratory will be employed by the VA to perform analysis for the PCM air samples. The accredited laboratory shall be successfully participating in the AIHA Proficiency Analytical Testing (PAT) program. Samples will be sent daily by the VPIH/CIH so that verbal/faxed reports can be received within 24 hours.

A complete record, certified by the laboratory, of all air monitoring tests and results will be furnished to the VA's representative and the Contractor.

3.7 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE

3.7.1 COMPLETION OF ABATEMENT WORK

After thorough decontamination, seal negative air machines with 2 layers of 6 mil poly and duct tape to form a tight seal at the intake/outlet ends before removal from the regulated area. Complete asbestos abatement work upon meeting the regulated area visual and air clearance criteria and fulfilling the following:

- A. Remove all equipment and materials from the project area.
- B. Dispose of all packaged ACM waste as required.
- C. Repair or replace all interior finishes damaged during the abatement work, as required.
- D. Fulfill other project closeout requirements as required in this specification.

3.7.2 CERTIFICATE OF COMPLETION BY CONTRACTOR

The CPIH/CIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

3.7.3 WORK SHIFTS

All work shall be done during administrative hours (8:00 AM to 4:30 PM) Monday -Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

3.7.4 RE-INSULATION

If required as part of the contract, replace all asbestos containing insulation/fire-proofing with suitable non-asbestos material. Provide MSDS's for all replacement materials in advance of installation for VA approval. Refer to Section 23 07 11, HVAC, PLUMBING, AND BOILER PLANT INSULATION.

ATTACHMENT #1

CERTIFICATE OF COMPLETION

DATE: _____ VA Project #: _____

PROJECT NAME: _____ Abatement Contractor: _____

VAMC/ADDRESS: _____

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all abatement work was done in accordance with OSHA requirements and the manufacturer's recommendations.

CPIH/CIH Signature/Date: _____

Asbestos Abatement Design Specification - Audie Murphy VA Hospital Mechanical Room
Robert W. Miller TX Asbestos Consultant #105237

CPIH/CIH Print Name:

Abatement Contractor Signature/Date:

Abatement Contractor Print Name:

ATTACHMENT #2

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME: _____ DATE: _____

PROJECT ADDRESS: _____

ABATEMENT CONTRACTOR'S NAME: _____

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32 hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

- Physical Characteristics and Background Information on Asbestos
- Potential Health Effects Related to Exposure to Asbestos
- Employee Personal Protective Equipment
- Establishment of a Respiratory Protection Program
- State of the Art Work Practices
- Personal Hygiene
- Additional Safety Hazards
- Medical Monitoring
- Air Monitoring
- Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
- Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature: _____

Printed Name: _____

Social Security Number: _____

Witness: _____

Asbestos Abatement Design Specification - Audie Murphy VA Hospital Mechanical Room
Robert W. Miller TX Asbestos Consultant #105237

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ATTACHMENT #3

AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER: _____

VA MEDICAL FACILITY: _____

ABATEMENT CONTRACTOR'S NAME AND ADDRESS: _____

1. I verify that the following individual

Name: _____ Social Security Number: _____

who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.

Address: _____

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH: _____ Date: _____

Printed Name of CPIH/CIH: _____

Signature of Contractor: _____ Date: _____

Printed Name of Contractor: _____

ATTACHMENT #4

ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location: _____

VA Project #: _____

VA Project Description: _____

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature _____ Date _____

Abatement Contractor Competent Person(s) _____ Date _____

- - - END - - -